SPORTIT | SCHOOL PREVIEW

ATHLETICS

2027 Curriculum and Assessment Sample

PROGRAM DETAILS	
Focus area	Movement skill and physical activity
Sportit program	Athletics
Stage	Stage 2
Syllabus	NSW PDHPE K–6 syllabus | Implementation from 2027

A genuine extract from Sportit’s program documentation

Includes the Stage 2 syllabus mapping, assessment focus, ten-week program outline and class assessment report template. The pages that follow are genuine extracts from Sportit’s Athletics Framework and Assessment and Reporting Guide.

What schools can see in the sample

- Stage 2 outcomes and learning priorities
- Assessment focus for sprinting, long jump and shot put
- Ten-week outline and class report format

Sportit Australia

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PDHPE Athletics for Stage 2

Years 3-4

Athletics within the 2027 PDHPE syllabus

Under the NSW PDHPE K–6 syllabus, athletics is delivered as a movement context within the Movement skill and physical activity focus area. It is not assessed through a separate athletics outcome. Students apply and refine sprinting, relay, jumping and throwing techniques in modified athletics events, while developing self-management, cooperation, goal-setting and communication skills.

2027 Syllabus Outcomes Addressed

PH2-MSP-01	Applies movement skills, strategies and teamwork in physical activities
PH2-SMI-01	Explains and applies self-management and interpersonal skills in a range of contexts

Teaching and learning focus

- Apply coordinated starts, sprint action and baton exchanges in track and relay activities.
- Combine a controlled run-up, take-off and balanced landing in jumping activities.
- Apply safe push and throwing actions with appropriate force, direction and recovery.
- Apply movement strategies in modified track and field events.
- Set a performance goal and apply feedback to improve.

Practical assessment focus

- Effective start and coordinated sprint action
- Controlled long-jump run-up and balanced landing
- Standing shot put with a safe recovery

Assessment and reporting

Assessment point	Evidence recorded
Program commencement	Baseline observation of the three selected Stage 2-appropriate athletics skills.
During the program	Ongoing observation, coaching feedback, safe participation and skill development.
Final assessment	Final ratings for the same selected skills, with evidence of improvement and application.
School report	One curriculum-aligned class report for teacher planning and school reporting.

Program structure: Ten-week outline shown on the following page. Shorter programs can be tailored to the school's timetable and priorities.

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Athletics Program Outline

Stage 2 | Years 3-4

Week	Learning Focus	ATHLETICS PROGRAM OUTLINE	2027 outcomes
1	**Sprint starts & relay exchange**	Apply standing or crouching starts, coordinated sprint action, safe baton exchanges and relay formations. Record baseline observations of selected skills.	**PH2-MSP-01 PH2-SMI-01***
2	**Middle-distance pace & teamwork**	Develop middle-distance pacing and circular relay skills, communicating roles and contributing to team goals.	**PH2-MSP-01 PH2-SMI-01***
3	**Shot put introduction**	Introduce standing shot put using modified equipment, a safe push action from the neck or shoulder and balanced recovery.	**PH2-MSP-01 PH2-SMI-01***
4	**Shot put refinement & feedback**	Refine shot-put direction, force and recovery through teacher and peer feedback while applying event safety procedures.	**PH2-MSP-01 PH2-SMI-01***
5	**Discus introduction**	Introduce standing discus using safe modified equipment, controlled rotation and release into a clearly defined sector.	**PH2-MSP-01 PH2-SMI-01***
6	**Discus refinement & feedback**	Refine discus preparation, release and balanced recovery, using self and peer feedback to improve control.	**PH2-MSP-01 PH2-SMI-01***
7	**Hurdles & high-jump progression**	Apply rhythm over modified hurdles and introduce the scissor high-jump action through progressive, safe activities.	**PH2-MSP-01 PH2-SMI-01***
8	**Long-jump progression**	Apply a controlled long-jump run-up, one-foot take-off and balanced landing, adjusting speed and take-off position.	**PH2-MSP-01 PH2-SMI-01***
9	**Final assessment**	Reassess the selected sprint, long-jump and shot-put tasks in consistent conditions. Collate evidence for the school report.	**PH2-MSP-01**
10	**Athletics gala day**	Apply learning in a cooperative athletics gala with team roles, inclusive rotations and safe event procedures.	**PH2-MSP-01 PH2-SMI-01***

The self-management outcome is embedded where it is explicitly taught and observed.

Assessment Overview

Assessment for learning	Baseline observations and ongoing coaching feedback inform instruction and support improvement.
Assessment as learning	Students receive feedback, monitor progress and revisit skills throughout the program.
Assessment of learning	Final ratings provide evidence of achievement in the selected athletics skills for teacher planning and school reporting.

Register - to be attached to the Assessment Report

Date commenced: _____ Date completed: _____

Class teacher: _____ Signature: _____

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Final Assessment Report

PDHPE | Focus area: Movement skill and physical activity **Class:** _____

Athletics **Dates:** _____ to _____

Stage: 2

2027 Syllabus Outcomes Addressed

PH2-MSP-01	Applies movement skills, strategies and teamwork in physical activities
PH2-SMI-01	Explains and applies self-management and interpersonal skills in a range of contexts

Assessment: *Baseline and final assessments of selected athletics skills completed; final ratings are shown below.*

Final Assessment Results

Students	Sprint run	Long jump	Shot put	Overall selected-skill achievement	Teamwork, communication & feedback
	Uses an effective start	Uses a controlled run-up	Uses a push action		
	and coordinated sprint action	and one-foot take-off	from the neck or shoulder		
	over a set distance	with a balanced landing	with a safe recovery		
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