SPORTIT | SCHOOL PREVIEW

FUNDAMENTAL MOVEMENT SKILLS

2027 Curriculum and Assessment Sample

PROGRAM DETAILS	
Focus area	Movement skill and physical activity
Sportit program	Fundamental Movement Skills
Stage	Stage 2 | Years 3-4
Syllabus	NSW PDHPE K-6 syllabus | Implementation from 2027

A genuine extract from Sportit's program documentation

Includes the Stage 2 syllabus outcomes, teaching and assessment focus, ten-week program outline and class assessment report template. The following pages are genuine extracts from Sportit's Fundamental Movement Skills Assessment and Report Overview and assessment workbook.

What schools can see in the sample

- Stage 2 movement learning and syllabus outcomes
- Baseline, ongoing and final assessment approach
- Ten-week progressive movement-skill sequence
- Individual skill criteria and class reporting format

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PDHPE Fundamental Movement Skills for Stage 2

Years 3-4

Fundamental Movement Skills within the 2027 PDHPE syllabus

Under the NSW PDHPE K-6 Syllabus (2024), Fundamental Movement Skills is delivered within the Movement skill and physical activity focus area. The program develops stability, locomotor and object-control foundations without being organised around named sports. Students consolidate stability, locomotor and object-control skills and combine them with smooth transitions. They adjust speed, direction, force and effort in movement challenges and use feedback, problem-solving and cooperation to improve movement quality.

2027 Syllabus Outcomes Addressed

PH2-MSP-01	Applies movement skills, strategies and teamwork in physical activities
PH2-SMI-01	Explains and applies self-management and interpersonal skills in a range of contexts

Teaching and learning focus

- Combine balance, travelling, jumping and landing with smooth transitions.
- Adjust speed and direction while running, dodging and moving through space.
- Send, receive and control objects using varied force, levels and distances.
- Apply movement skills in circuits, sequences and multi-skill challenges.
- Create and monitor goals and apply feedback to improve.

Practical assessment focus

- Combined balance and travelling task
- Selected agility and direction-change task
- Selected object-control combination

Assessment and reporting

Assessment point	Evidence recorded
Program commencement	Baseline observation of selected Stage 2-appropriate movement skills.
During the program	Ongoing observation, coaching feedback, safe participation and movement development.
Final assessment	Final ratings for the same selected skills, with evidence of improvement and application.
School report	One curriculum-aligned class report for teacher planning and school reporting.

Program structure: Ten-week outline shown on the following page. Program delivery can be tailored to the school's timetable and priorities.

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Fundamental Movement Skills Program Outline

Stage 2 | Years 3-4

Week	Learning Focus	FUNDAMENTAL MOVEMENT SKILLS PROGRAM OUTLINE	2027 outcomes
1	**Baseline + movement foundations**	Record a baseline for selected stability, locomotor and object-control skills. Review movement quality, safe participation and personal goals.	**PH2-MSP-01 PH2-SMI-01***
2	**Balance & stability**	Combine balance, travelling and body-shape tasks with smooth transitions, control and changes of level.	**PH2-MSP-01 PH2-SMI-01***
3	**Running, stopping & dodging**	Apply acceleration, stopping, dodging and changes of speed and direction through agility and spatial-awareness challenges.	**PH2-MSP-01 PH2-SMI-01***
4	**Jumping, landing & leaping**	Refine jumping, landing and leaping technique and combine these skills across different pathways and distances.	**PH2-MSP-01 PH2-SMI-01***
5	**Hopping, galloping & skipping**	Link hopping, galloping, skipping and running into controlled locomotor sequences with rhythm and fluency.	**PH2-MSP-01 PH2-SMI-01***
6	**Throwing & catching**	Throw and catch with control at varied levels, distances and directions, adjusting body position and force.	**PH2-MSP-01 PH2-SMI-01***
7	**Kicking & object control**	Apply kicking, trapping and foot-control skills through targets, pathways and progressively more demanding movement tasks.	**PH2-MSP-01 PH2-SMI-01***
8	**Striking & bouncing**	Combine striking, bouncing and receiving skills while adjusting force, direction, height and movement speed.	**PH2-MSP-01 PH2-SMI-01***
9	**Final assessment**	Reassess the selected movement skills using the same criteria as the baseline. Collate evidence for the school assessment report.	**PH2-MSP-01**
10	**Multi-skill movement challenge**	Solve a multi-skill movement challenge by selecting, combining and refining skills with partner feedback.	**PH2-MSP-01 PH2-SMI-01***

The self-management outcome is embedded where it is explicitly taught and observed.

Assessment Overview

Assessment for learning	Baseline observations and ongoing coaching feedback inform instruction and support improvement.
Assessment as learning	Students receive feedback, monitor progress and revisit skills throughout the program.
Assessment of learning	Final movement-skill ratings provide evidence of achievement in the selected program skills for teacher planning and school reporting.

Register - to be attached to the Assessment Report

Date commenced: _____ Date completed: _____

Class teacher: _____ Signature: _____

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Final Assessment Report

PDHPE | Focus area: Movement skill and physical activity Class: _____

Fundamental Movement Skills **Stage: 2** Dates: _____ to _____

2027 Syllabus Outcomes Addressed

PH2-MSP-01	Applies movement skills, strategies and teamwork in physical activities
PH2-SMI-01	Explains and applies self-management and interpersonal skills in a range of contexts

Assessment: *Baseline and final assessments of selected movement skills completed; final ratings are shown below.*

Final Assessment Results

Students	Balance & travelling	Agility & direction change	Object-control combination	Overall selected-skill achievement	Teamwork, communication & feedback
	Combines balance and travelling with smooth, controlled transitions	Changes speed and direction with control in an agility movement task	Combines selected object skills with appropriate force and control		
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