SPORTIT | SCHOOL PREVIEW

GYMNASTICS

2027 Curriculum and Assessment Sample

PROGRAM DETAILS	
Focus area	Movement skill and physical activity
Sportit program	Gymnastics
Stage	Stage 1
Syllabus	NSW PDHPE K–6 syllabus | Implementation from 2027

A genuine extract from Sportit’s program documentation

Includes the Stage 1 syllabus mapping, assessment focus, an example eight-week progression and the class assessment report template. The following pages are taken from Sportit’s Gymnastics Framework, Assessment and Reporting Guide and report.

What schools can see in the sample

- Stage-specific syllabus outcomes and learning priorities
- The selected skills assessed and the baseline-to-final approach
- The eight-week outline and the class report format

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Physical Education That Supports Student Learning

Curriculum-Aligned • Assessment Supported • Teacher-Friendly

PDHPE Gymnastics for Stage 1

Years 1-2

Focus area: Movement skill and physical activity | Sportit program: Gymnastics | Stage: Stage 1 | Syllabus: NSW PDHPE K–6 syllabus | Implementation from 2027

Gymnastics within the 2027 PDHPE syllabus

Under the NSW PDHPE K-6 Syllabus, gymnastics is delivered as a movement context within the Movement skill and physical activity focus area. It is not assessed through a separate gymnastics outcome. The program also develops self-management and interpersonal skills through safe participation, feedback and cooperation. Students develop static and dynamic balance, controlled travelling, jumping, landing and rolling in gymnastics contexts. They link movements into simple sequences, demonstrate fair play and respond to feedback to improve control and confidence.

2027 Syllabus Outcomes Addressed

PH1-MSP-01	Demonstrates fundamental movement skills and fair play in physical activities
PH1-SMI-01	Describes and demonstrates self-management and interpersonal skills in a range of contexts

Teaching and learning focus

- Apply static and dynamic balances using different body parts, levels and directions.
- Link hopping, jumping, landing, travelling and rolling with increasing control.
- Use simple floor and low-apparatus pathways to create short movement sequences.
- Move safely in relation to people, equipment and the environment.
- Respond to teacher feedback to improve movement quality.

Practical assessment focus

- Hop, jump and landing pathway
- Dynamic balance and travelling task
- Two-roll movement sequence

Assessment and reporting

Assessment point	Evidence recorded
Program commencement	Baseline observation of the three selected Stage 1-appropriate gymnastics skills.
During the program	Ongoing observation, coaching feedback, safe participation and skill development.
Final assessment	Final ratings for the same selected skills, with evidence of improvement and application.
School report	One curriculum-aligned class report for teacher planning and school reporting.

Program structure: Eight-week outline shown on the following page. Nine and ten-week programs are available on request.

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Gymnastics Program Outline

Stage 1 | Years 1-2

Focus area: Movement skill and physical activity | Sportit program: Gymnastics | Stage: Stage 1 | Syllabus: NSW PDHPE K–6 syllabus | Implementation from 2027

Week	Learning Focus	GYMNASTICS PROGRAM OUTLINE	2027 outcomes
1	**Shapes, travel & dynamic balance**	Apply straight, tuck and star shapes while travelling at different levels and directions. Practise static and dynamic balance and record baseline observations.	**PH1-MSP-01 PH1-SMI-01***
2	**Rolls & controlled transitions**	Link log and egg rolls with a controlled transition, using a flat mat and safe start and finish positions.	**PH1-MSP-01 PH1-SMI-01***
3	**Hopping, jumping & landing**	Combine hopping or jumping through a simple pathway and finish with a controlled landing. Explore one-to-two-foot take-offs according to readiness.	**PH1-MSP-01 PH1-SMI-01***
4	**Balances & supports**	Apply balances and front, rear or side supports on floor and low apparatus, using different body parts with control.	**PH1-MSP-01 PH1-SMI-01***
5	**Apparatus travel & low-bar skills**	Travel along low apparatus and practise safe mounting, hanging, swinging and dismounting where equipment is available.	**PH1-MSP-01 PH1-SMI-01***
6	**Sideways weight transfer**	Develop sideways weight transfer through hand-support, bunny-hop and cartwheel-foundation activities. A full cartwheel is an optional extension, not an expected outcome.	**PH1-MSP-01 PH1-SMI-01***
7	**Create a short sequence**	Create and perform a short sequence using changes in level, direction and speed, then respond to teacher feedback.	**PH1-MSP-01 PH1-SMI-01***
8	**Final assessment**	Reassess the selected pathway, balance-travel and rolling sequence tasks. Collate evidence for the school report and revisit favourite activities.	**PH1-MSP-01**

The self-management outcome is embedded where it is explicitly taught and observed.

Assessment Overview

Assessment for learning	Baseline observations and ongoing coaching feedback inform instruction and support improvement.
Assessment as learning	Students receive feedback, monitor progress and revisit skills throughout the program.
Assessment of learning	Final ratings provide evidence of achievement in the selected gymnastics skills for teacher planning and school reporting.

Register - to be attached to the Assessment Report

Date commenced: _____ Date completed: _____

Class teacher: _____ Signature: _____

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Final Assessment Report

PDHPE | Focus area: Movement skill and physical activity

Gymnastics

Stage: Stage 1

2027 Syllabus Outcomes Addressed

PH1-MSP-01	Demonstrates fundamental movement skills and fair play in physical activities
PH1-SMI-01	Describes and demonstrates self-management and interpersonal skills in a range of contexts

Assessment: Baseline and final assessments of selected gymnastics skills completed; final ratings are shown below.

Final Assessment Results

Students	Hop, jump & landing pathway	Dynamic balance & travel	Two-roll sequence	Overall selected-skill achievement	Fair play & response to feedback
	Links hopping or jumping with a controlled landing through a simple pathway	Travels and balances using different body parts with control	Links two selected rolls with a controlled transition along a mat		
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